## What Has Made Me Wonder

## 私的な疑問についての一考察

# ウォータース 雅代 WATERS Masayo

**要旨**:あまり苦労をしなくても満ち足りた人生を送る人々がいる一方で、どんなに苦労し ても報われない人々がいる。平和な環境で平穏に一生を過ごす人がいれば、戦争や暴力に 満ちた環境に生まれ苦しみ続ける人がいる。なぜだろうか。どうしてこの世には、持つ者 と持たざる者が常に存在しているのだろうか。どうしてこの世の中にはこうも多くの不公 平があるのだろうか。どうして私たちが生きる世界には問題ばかり起こるのだろうか。富 と貧困との、平和と争いとの、安全と危険との、正気と狂気との、そして善と悪との極端 な対比に満ちた世界に私たちは生きている。本当に神という全能の存在がいるのであれば、 そして、その存在が絶対的な愛で私たちを常に愛し続けていてくれているのなら、どうし てこのような問題が我々を苦しめ続けるのだろうか。神はなぜ、愛する者に試練を、時に は乗り越えられないと思われるほどの理不尽な試練と苦難を与え、人は悩み続けるのだろ うか。いつか不公平はなくなり、皆が公平に生きていける日がやってくるのだろうか。い つのころからか、このような疑問を持ち続けていた私は、ある日、『神との対話』という 本に出会った。書中の「神」と自ら称する存在と主人公の対話は、非常に興味深かったが、 私の持つ疑問への答えを、その中に見出すことができないでいた。時を経て、もう本の事 など考えなくなっていた頃、いきなりその答えへの糸口が見つかった。長い間、私の心の 中で常に気になっていた大きな疑問を解くためのヒントは、家族とのごくありふれた些細 な会話の中に、縮小され形を変えた問題として姿を見せ、私に再び考える機会と喜びを与 えてくれた。私の中にいる神との対話は、まだ続いていた。

キーワード: Neale Donald Walsh, "Conversations with God", the Bible, why is this world like this? knowing, experiencing, being.

二一ル・ドナルド・ウォルシュ、『神との対話』、聖書、なぜこの世の中はこうなのか。 知ること、体験すること、存在すること。 Just as many people in this world have thought before me, I have been wondering a few things about this world. What is it, what is our purpose here? I would like to write about a fixation that has made me wonder for a long while, and how I got an insight into the meaning one day.

One of the things that made me wonder were the very basic and obvious ones as the writer of "Conversations with God", Neale Donald Walsh, asked a question about this world. Why this world is like it is? It is not always the best world. As you know we have so many problems and it seems to be impossible to live without the constant occurrence of problems.

There is nothing for me to complain about in my life, no major complains from my view point about how my life has been set in this time. With everything I happen to have I would say I feel very lucky. Certainly I have been aware of how fortunate and how lucky I have been in this world that I belonging to.

I am very certain of the existence of some kind of higher spiritual beings and I have always believed this, though it is not realistic to expect everyone to believe in the same way as I do. I suppose people have named those higher spiritual beings in many different ways, such as Gods, Angels, Spirits, Ghosts, or it could even be some specific dead related person's sprit, etc.

Whatever it may be called I believe that it is looking after me and is always with me. I can recall not only two experiences of being very close to my own death but also another two experiences of my husband's by different sorts of accidents. I do believe very surely that we are being looked after and I guess that my family also believes this to be so, as many people do. I never stop appreciating that we are in some way and somehow being taken care of by those beings and for that reason I am very happy for whatever I gain and acquire in my life.

Some people that I have known are also fortunate and happy. Some have tried very hard to gain and they make things happen for themselves. They still get what they asked for somehow. On the other hand some people just happen to have all kinds of benefits, no matter what they do, they still keep having great lives and they are happy.

However, as we all know there are more people in the reversed condition in this world, no matter how they suffer. We see them or hear about them on the TV news and so on. That's how I know about them. When I look around and when I know more about this world, I cannot help but become very depressed by the heavy reality of life; those who suffer so much in this same world in this very same time as we live. I am very

much connected to this fact because this is that very world that I belong to. So no matter how things do not go as I would want them to go, I am still a part of it.

There are a lot of other fortunate people who are probably only a very pittance of the world population who are concerned about this world. I keep wishing that this world would become a better place where everyone is free from the things that have been worrying and threatening them and that is the majority of the world population. Free from what threatens them in life such as war, famine, sickness, poverty and all kinds of discriminations and unfairness as well.

Fortunately I have had the opportunity to read a book called "Conversations with God". This book gave me a lot to think about, but this is a subject which I have always kept somewhere in my mind and I have always wanted to know more about, ever since I can remember; why is this world like this?

I did not think that this question was answered in the book in a way that I could accept. Even "God" in this book Himself explained that it was not easy to understand. So about this matter from this book I could get no answer and I felt a kind of frustration which stayed in my mind. However, I could find the answer that I wanted a long time after I had finished the book.

According to the Bible, God is the creator of this world. He created everything to suit Himself and He loves the way of things that are in this world that He created. Then why did God make this world with bad things as well, such as disaster, war, pestilence, poverty, and all kind of unwanted things for us? Such things that we mortals cannot avoid.

Like the man who keeps asking questions in "Conversations with God", I could not stop thinking things such as; if everything comes from the things you wish for at an unconscious level because of your thoughts and will power, is your will strong enough to make your world? Then why do those people have to suffer? Did they subconsciously wish for a life like this? Are they thinking negatively? Or I wanted them that way in my world?

God says that you receive what you want. Do people want those terrible things to happen to themselves? Or, does the fear and the negative energy that is created by your own mind cause these bad things to happen? Is everybody so negative and unconsciously thinking about those bad things which finally appear in front of us because of our negative will power? Or is this only happening in my world that I believe I exist in? Maybe somewhere else we all have perfect worlds in which to live, as many as whomever wants them can have. Thinking like this could be a way for us

not to suffer by knowing that, we still may live a different life in a different future but for now we remain in this existence.

If the world that I live in has been created by my own thoughts consciously or subconsciously, then why did I think about this terrible place to live for the people who have been living in a living hell?

The answer from God in "Conversations with God" is here under:

"The answer to this question lies in the deeper mystery of the universe and the highest meaning of life.

I do not show My goodness by creating only what you call perfection all around you. I do not demonstrate My love by not allowing you to demonstrate yours.

As I have already explained, you cannot demonstrate love until you can demonstrate not loving. A thing cannot exist without its opposite, expect in the world of the absolute. Yet the realm of the absolute was not sufficient for either you or Me. I existed there, in the always, and it is from where you, too, have come.

In the absolute there is no experience, only knowing. Knowing is a divine state, yet the grandest joy is in being. Being is achieved only after experience. The evolution is thisknowing, experiencing, being. This is the Holy Trinity-the Triune that is God."

### Pp29 - 30, "CONVERSATIONS WITH GOD" Book One

Did I understand what "God" wanted to tell us as the answer for my question? No, I did not. I read it again but these words did not really explain to me very much at all until one evening. The answer for my question came out of me through having a conversation with our younger son, Jun.

It was dinner time. My husband, I and Jun were having dinner. He is now a teenager so he does not talk to us as much, but he used to be a great talker when he was younger. He sometimes talked too much and just could not stop talking. He would talk so fast and so much, but still keep picking the right words and expressions, so we could easily have a very clear image of what he wanted to express.

Jun could not stop telling us about the people including his school teachers that he did not like. He was giving all kinds of details about how he felt and why he did not like them. He was not happy about the new teacher in this year's grade, also last year's teacher. He also kept complaining about some of his friends acting like babies in his point of view.

Then he asked us why he had to have these people around him in his life, why couldn't he have only lovely kind people around him. He even said he wanted to move to a different school if it was ok with us. He kept asking us "why there were people like those?" and we told him something like this.

These are summarized words from both of us; from my husband's and mine together.

"You need to learn what people are really like. Nobody treats you as nice as your Mommy and Daddy. We do so because we love you. We love you so much but we are not going to change your school just because you cannot put up with some teachers or friends. If they are really so terrible we have to go to the school and check things out for you. Even if you change your school, you will have those kinds of people who are difficult to get on with, because this is how things are.

If you have only perfect people around you, you would have no chance to know what is perfect, nice, or good. You need to learn through everything including those difficult people for you. So you will know who is right for you or if they say bad things that you don't like you will know this is bad."

Jun did not seem to be very happy to hear this. But I was kind of happy to get an idea as to what had kept me wondering. The idea I noticed during the dinner time may not mean much for you. I am not saying that I got the complete answer, however I am not as puzzled as before.

God has such a huge view, much too huge for us human to see the whole vision. However, if we can make what He says a lot smaller, on a scale that we can comprehend then it could become possible for us to have an insight into the overall meaning. If we could see something like a miniaturized model of the world that lets us have a full view and in that we all are able to understand easier from our human view point. Sometimes less is more.

#### 参考図書

Neal Donald Walsh: CONVERSATIONS WITH GOD Book One, Two and Three, Hodder & Stoughton, 1997. =-ル・ドナルド・ウォルシュ著、吉田利子訳『神との対話』普及版 1-7、サンマーク出版 2001

E・キューブラー・ロス著、鈴木晶訳『「死ぬ瞬間」と死後の生』中央公論社、2001 監修:坂本龍一『非戦』幻冬舎、2002

新共同訳『聖書』日本聖書協会、1987,1988

ジョーゼフ・キャンベル+ビル・モイヤーズ 飛田茂雄 訳『神話の力』早川書房 1992

池田香代子  $\mathbb{C}$ ・ダグラス・ラミス対訳『世界がもし 100 人の村だったら』マガジンハウス出版 2001